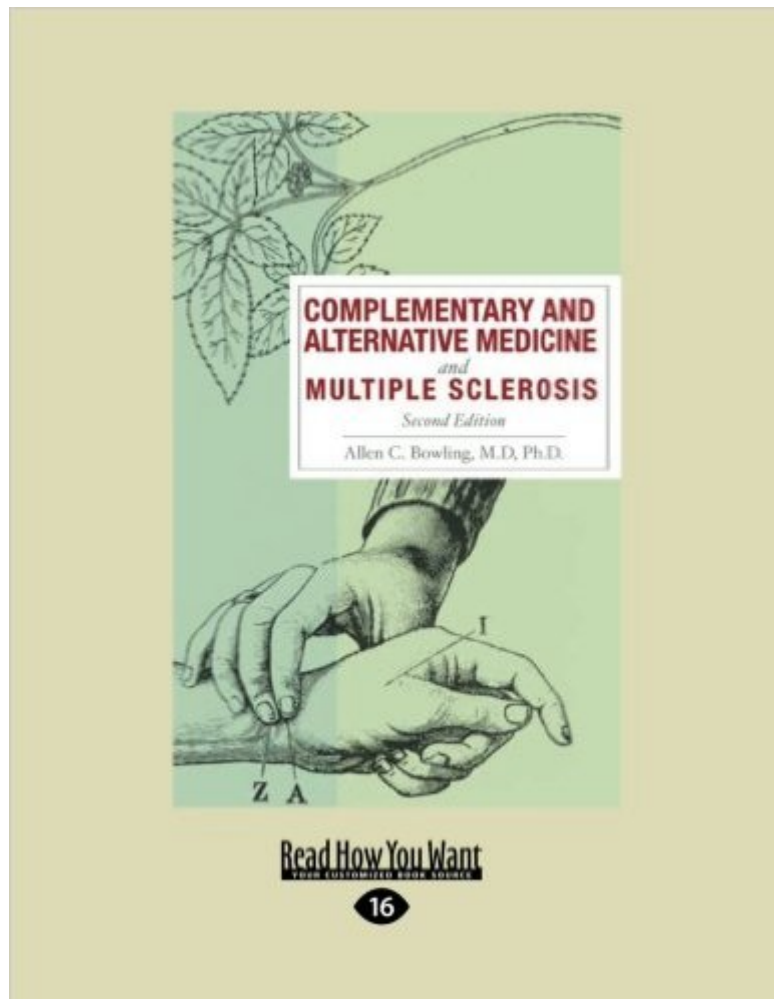


The book was found

Complementary And Alternative Medicine And Multiple Sclerosis, 2nd Edition: Second Edition



Synopsis

The first edition of *Alternative Medicine and Multiple Sclerosis* quickly became the single source for accurate and unbiased information on a wide range of complementary and alternative medicine (CAM) approaches that can aid both in the management of multiple sclerosis symptoms and in promoting general health and wellness. The second edition of this authoritative book continues to offer reliable information on the relevance, safety, and effectiveness of various alternative therapies. *Complementary and Alternative Medicine and Multiple Sclerosis, 2nd Edition* is completely updated throughout, and reflects the advances in the field since the first edition's publication in 2001. There is a new chapter on low-dose Naltrexone and a pivotal section on integrating conventional and alternative medicines. Therapies are organized alphabetically so that readers can readily pinpoint a specific treatment and learn about its origins, merits, and possible uses in MS. They will find in-depth discussions on topics that include acupuncture, biofeedback, chiropractic medicine, cooling therapy, yoga, diets and fatty acid supplements, the use of herbs, vitamins and minerals, and much more. With this book, readers will be able to:

- Find other options that may provide symptomatic relief when conventional therapies are limited.
- Learn about potentially dangerous interactions between CAM therapies and medical treatments used in the management of MS
- Identify CAM therapies that are effective, low risk, and inexpensive
- Recognize ineffective, dangerous, or costly alternative therapies

Book Information

Paperback: 524 pages

Publisher: ReadHowYouWant; 16th ed. edition (December 28, 2012)

Language: English

ISBN-10: 1458753433

ISBN-13: 978-1458753434

Product Dimensions: 7.8 x 1.2 x 10 inches

Shipping Weight: 2.7 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,287,657 in Books (See Top 100 in Books) #186 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis](#) #20528 in [Books > Health, Fitness & Dieting > Alternative Medicine](#) #251148 in [Books > Textbooks](#)

[Download to continue reading...](#)

Complementary and Alternative Medicine and Multiple Sclerosis, 2nd Edition: Second Edition

Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis Optimal Health with Multiple Sclerosis: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Alternative Medicine Definitive Guide to Headaches (Alternative Medicine Definitive Guide) The Complete Book of Symptoms and Treatments: Your Comprehensive Guide to the Safety and Effectiveness of Alternative and Complementary Medicine for Common Ailments Complementary and Alternative Medicine: Legal Boundaries and Regulatory Perspectives The Complementary and Alternative Medicine Information Source Book Rising UP!: My Recovery from Multiple Sclerosis, Disability and Despair, including Western and Chinese Medicine, Tai Chi, Qigong, diet, neurological exercise, meditation--and much more! Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) Herbal Remedies:The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs,Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Chef Interrupted: Discovering Life's Second Course in Ireland with Multiple Sclerosis Codex Alternus: A Research Collection Of Alternative and Complementary Treatments for Schizophrenia, Bipolar Disorder and Associated Drug-Induced Side Effects (Revised Edition) Complementary and Alternative Therapies for Epilepsy The Multiple Sclerosis Diet Book: A Low-Fat Diet for the Treatment of M.S., Revised and Expanded Edition Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery, New Revised Edition Healing Multiple Sclerosis, New Revised Edition Diet, Detox & Nutritional Makeover for Total Recovery Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures Exercises for Multiple Sclerosis: A Safe and Effective Program to Fight Fatigue, Build Strength, and Improve Balance MS: Something Can Be Done and You Can Do It : A New Approach to Understanding and Managing Multiple Sclerosis

[Dmca](#)